

# סדר כפרות

## KAPAROT



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## Kabbalah4All Transliteration Guidelines

Please note that transliteration guidelines are different according to each culture and also within each movement of Judaism. We have developed these guidelines for use with our transliterated documents. They may or may not apply to transliterations put out by other movements including the various organizations teaching Kabbalah.

- a** as in father
- ai** as in aisle
- e** as in red
- ei** as in eight
- i** as in pizza
- o** as in no
- oy** as in toy
- u** as in tune
- ch** as in Bach in German (strong sound from the throat)
- g** as in give
- tz** as in lots
- ' typically adds an "EH" sound after a consonant, this is known as a Shva Na or pronounced Shva as in the word "Sh'ma".
- a dash is simply used to aid in pronunciation, usually if two like vowels follow each other, as in the word "da-at."

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. In our transliteration, when the syllable falls somewhere else other than the last syllable, that stressed syllable will be underlined. Example: Melech.

## Hebrew Rules

The following are some of the Hebrew rules you may notice in our siddurim (connection books).

מֶלֶךְ

In Hebrew, the accent generally falls on the last syllable, however it sometimes falls somewhere else in the word. Whenever a syllable other than the last is accented, a "meteg" (the vertical line under the first letter) will appear.

כּוֹל

The "masoret" above the letter Chaf indicates that this is a Kamatz Katan, which is pronounced as "o"; in this example the word is "kol."

יִשְׁמְחוּ

The "rafe" above a letter indicates it is a Shva Na. This example is pronounced yism'chu.

Note that the rafe does not appear above the first letter of a word that has a Shva as that is ALWAYS a Shva Na.

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Edited by Rebecca Schwartz and David Aharon.

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## KAPAROT

*In ancient times, a chicken was used as an offering for Kaparot. This custom has been replaced with money, either in the form of cash or a check or we may write down the amount on a piece of paper if we are going to make an online donation. The money is wrapped in a white cloth napkin for the connection. The donation is given to a charity after the Kaparot Connection. There is not a prescribed amount, it is according to what each person is able to give.*

The ancient connection of Kapparot was designed to give us a sense of awareness that we must confront and own up to our past negativity. Through the month of Elul and the High Holy Days, we have asked for forgiveness for our misdeeds. Kaparot is a physical manifestation that we are truly sorry and ready to begin our final acts of cleansing through the connections of Yom Kippur.

### B'nei adam

*Children of humankind*

yosh'vei choshech v'tzalmavet,  
*those who sat in darkness and the shadow of death,*  
asirei ani uvarzel.

*those shackled in affliction and iron.*

Yotzi-eim meichoshech v'tzalmavet,  
*The Eternal takes them out of darkness and the shadow of death,*  
umos'roteihem y'nateik.

*and breaks open their shackles.*

Evilim miderech pisham,  
*Fools because of their path that is full of misdeeds,*  
ume-avonoteihem yitanu.

*and because of their iniquities were afflicted.*

Kol ochel t'ta-eiv nafsham,  
*Their soul abhorred all food,*

vayagi-u ad sha-arei mavet.  
*and they reached until the portals of death.*

Vayizaku el Adonai batzar lahem,  
*Then they cried out to Adonai in their distress,*  
mim'tzukoteihem yoshi-eim.

*Who saves them from their straits.*

Yishlach d'varo vayirpa-eim,  
*The Eternal dispatches His word and cures them,*  
yimaleit mish'chitotam.

*and lets them escape their destruction.*

Yodu la-Adonai chasdo,  
*Let them give thanks to Adonai for His kindness,*  
v'nifl'otav livnei adam.

*and for His wonders to the children of humankind.*

בְּנֵי אָדָם

יֹשְׁבֵי חֹשֶׁךְ וְצִלְמוֹת,  
אֲסִירֵי עָנִי וּבְרִזָּל.

יוֹצִיאֵם מִחֹשֶׁךְ וְצִלְמוֹת,  
וּמוֹסְרוֹתֵיהֶם יִנְתֵּק.

אֲוִלִים מִדֶּרֶךְ פְּשָׁעִים,  
וּמֵעֲוֹנוֹתֵיהֶם יִתְעַנּוּ.

כֹּל אָכַל תִּתְעַב נַפְשָׁם,  
וַיִּגְיעוּ עַד שַׁעְרֵי מוֹת.

וַיִּזְעֻקוּ אֶל יְהוָה בְּצַר לָהֶם,  
מִמְצָקוֹתֵיהֶם יוֹשִׁיעֵם.

יִשְׁלַח דְּבָרוֹ וַיִּרְפְּאֵם,  
וַיִּמְלֵט מִשְׁחִיתוֹתָם.

יִודוּ לַיהוָה חַסְדּוֹ,

וְנִפְלְאוֹתָיו לְבְנֵי אָדָם.

**Im yeish alav malach meilitz***If there is for them an angel to defend them***echad mini alef,***even one out of a thousand,***l'hagid l'adam yashro.***to declare for a person their uprightness.***Vaychunenu vayomer,***The Eternal will be gracious to them and say,***p'da-eihu meiredet shachat,***Redeem them from descending to the pit,***matzati kofer.***I have found atonement for them.***אם יש עליו מלאך מליץ****אחד מני אלף,****להגיד לאדם ישרו.****ויחננו ויאמר,****פדעהו מרדת שחת,****מצאתי כפר.***Recite the applicable paragraph three times.**Each time the paragraph is recited, the money is circled around the head.**This paragraph is said by a man:***Zeh chalifati,***This is my exchange,***zeh tamurati,***this is my substitute,***zeh kaparati.***this is my atonement.***Zeh hakesef yeileich litzdah,***This money will go to charity,***v'ani ekaneis v'eileich l'chayim***while I will enter and go to a life***tovim aruchim ulshalom.***that is good and long, and to peace.***זה חליפתי,****זה תמורתתי,****זה כפרתי.****זה הכסף ילך לצדקה,****ואני אכנס ואלך לחיים****טובים ארוכים ולשלום.***This paragraph is said by a woman:***Zot chalifati,***This is my exchange,***zot tamurati,***this is my substitute,***zot kaparati.***this is my atonement.***Zot hakesef yeileich litzdah,***This money will go to charity,***v'ani ekaneis v'eileich l'chayim***while I will enter and go to a life***tovim aruchim ulshalom.***that is good and long, and to peace.***זאת חליפתי,****זאת תמורתתי,****זאת כפרתי.****זאת הכסף ילך לצדקה,****ואני אכנס ואלך לחיים****טובים ארוכים ולשלום.**